

COUNCILLORS FOR BARROW		
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COUNCILLORS FOR DENHAM		
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Cllr David Holmes	810653	journeyman.denham@btinternet.com

PARISH CLERK		
Mrs Kat Bowe 12A Simpson Way, Barrow, IP29 5EA	811952 07917 509009	barrowcumdenhampc@gmail.com <u>Website</u> www.barrowcumdenhampc.com

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Cllr Ian Houlder	810074	ian.houlder@westsuffolk.gov.uk

NEWSLINK

Keeping you in touch with Barrow cum
Denham

Autumn 2019



Parish Council News

Welcome to the Autumn edition of Newslink.

Following on from our very well attended Annual meeting the Parish Council had its July meeting at which it was revealed to the Parish Council, along with all present, the plans and ambitions of two more new housing developers. The first site was revealed as Bury Road (essentially behind Dale Tree road) and the other was Church Lane behind the school itself. At this stage these are ambitious plans that conflict with West Suffolk's 2031 plans, but it is well worth everyone who feels they would be affected keeping themselves well informed.

It has been fantastic to see the completion of the new play equipment following the unfortunate arson attack. Some people that deserve thanks for their help with this are, Christopher James for all his time spent dealing with insurers and suppliers, also Tom and Peter Wesley for securing the site following the fire.

There is a surplus of money available thanks to a very successful funding page, so we will be able to purchase and install an extra piece of play equipment very soon. Another piece of good news is that we now have the village defibrillator installed at the Village Hall. This potentially life saving piece of equipment can be accessed by any member of the public simply by phoning 999 and you will be given a code to open the cabinet. The fact that you have phoned 999 will also initiate the despatch of an ambulance to the village. Although you can use the defib without training as it literally talks you through the steps you need to take, there has already been a free training session at the Village Hall and others are planned for the future.

Some roadworks have taken place around the village and we are pleased to see improvements to Church Lane and some re-surfacing work to Colethorpe Lane. The Parish Council also encourage residents to continue to use the online pothole reporting system on the West Suffolk website to bring any defects to the attention of the Highways department. Sadly we still seem to be having issues with people leaving general waste by the recycling bins, I would ask again can we all please take our rubbish home with us, this includes any containers that are used to bring bottles to the bottle banks, but then are left empty by the side. In order to ease some of these issues the Parish Council have agreed to fund a larger type bin across by the bus shelter.

The Funfair has once again been on the village green and I hope as many of you as possible found the time to enjoy it. The fair makes a contribution to village funds each time they visit and always leave the site exactly as they found it.

Parish Council meetings continue to be held on the first Monday of the coming months and start at 7.15pm in the committee room of the Village Hall, residents are always welcome to attend.

John Pearson, Chairman—Barrow cum Denham Parish Council

Barrow and Denham Good Neighbours Scheme

Volunteers provide occasional services, such as lifts to the West Suffolk Hospital, the surgery, the post office, the hairdresser, etc, and minor DIY jobs/repairs, or help to fill in forms, to people in our community. All services are free except when a lift is involved, when we charge 40p per mile (present rate) to cover the driver's costs.

New members are always welcome - please contact us to find out more.

We also hold regular coffee mornings, mostly at The Old Cowshed Tearoom (site of Barrow post office) and occasionally at the Town Estate Room. These are an opportunity for both helpers and users to meet for a chat and enjoy delicious home baked cakes. Our volunteers will give you a lift free of charge on these occasions.

Dates for the next coffee mornings, 10am at 'The Old Cowshed':

Tuesday 8th October
Tuesday 5th November
Tuesday 3rd December

If you would like our assistance, ring the helpline number and leave a message. The phone holder will get back to you to take details and arrange the assistance. Please allow at least 3 days' notice.

Keep this number handy: **Good Neighbours HELPLINE 07930 328 930**

The Spindle Tree by David Holmes

Down Denham Lane, 50 yards before the Denham village sign on the same side, there is a small group of spindle trees. They are not very big, spindles do not usually grow much taller than about 5m and can live for more than one hundred years. Spindle trees growing in a hedgerow are often a sign that the hedge is very old, perhaps even hundreds of years old. All parts of the spindle tree are poisonous, especially the pretty pink and orange fruits. The wood is very hard and used for the rod on hand spindles for spinning wool, hence the story of Sleeping Beauty who pricked her finger on the spindle and slept for 100 years. Its charcoal was prized as the finest by artists whilst its ground dust was used to slay head lice.

Suffolk's smallest roadside nature reserve, the green triangle with the oak tree on the corner of Brockley Lane, Denham, had over 20 bee orchids in June this year. In the near future it is due to get an official numbered post. Hopefully this will save the orchids from the county council verge cutters next spring.

Sadly, I see that the litter goblins have been busy again, I hope they're enjoying their new kitchen, but did they have to leave parts of their old one on the council car park for someone else to clear away?

Barrow Cricket Club

Where does the summer go?? The season nears its end for the chaps of the Barrow Cricket Club and the annual roller coaster of fun and laughs has hurtled along its now familiar course. The scorebook tells us that we have so far played 13 friendly matches (with 2 to play), won 4 and lost 9. The scorebook of course does not lie but hidden behind its stoney-faced pages hides the true story of our season, a human story of joy, misery, blood & sweat, shot-girls, Walkabouts, hospitals and all points of the skill spectrum. Above all, when we look back at the season of 2019, as we do at the end of every season, we will reflect on a summer of cricketing fun, on and off the field.

If you are keen to learn more about the antics of the marvellous Barrow Cricket Club and its stars you should check-out www.barrowcc.co.uk and there you can enter our world.

The season will soon end but in no time the evening indoor winter nets will start in Bury St Edmunds to ensure we all fly out of the traps in the peak of physical condition for 2020. You could join us!

Barrow CC are always looking for new members or supporters, whether that be to play, to umpire or score or to prepare and serve the all-important teas.

If you are interested to get involved in any capacity please contact either Richard Ford on 02184 811897 or email richard@northstarcreation.com or

VILLAGE CRAFTS

The craft group goes from strength to strength, with a good number of members and some interesting activities. Some of our members have learnt how to knit, crochet, sew or make gift bags and boxes, whilst others have perused their own projects. If you'd like to join this friendly and productive group, we meet in the Town Estate Room, 10.45am-12.15pm, second and fourth Wednesday of the month. Call Kirstie Ford on 07718922034 if you would like more information.

Newslink

Submissions for the next issue should be emailed to the Parish Clerk by **Monday 25th November 2019**.

Please limit the number of words to no more than 200.

The Church—Events

Saturday, 14th September - Harvest Supper in the village hall.

Sunday, 22nd September is the All Age Harvest Festival in All Saints' Church at 10:45

We are having an autumn bazaar on 26th October. In the village hall.

There will be the annual RBL Remembrance Service on Sunday 10th November 10:30 at Barrow War Memorial followed by a service at 11am in All Saints Church.

Please support the Suffolk Historic Churches Trust on their annual 'Ride & Stride' event on Saturday 14th September, with all funds raised going to help the Suffolk Churches. Whether you cycle or walk, please visit as many churches as you can with your sponsorship, with free refreshments at most churches to help support you on this event. For Barrow, please phone Stephen on 07836 654474 to collect a sponsorship form, or if you prefer, e-mail stephen.shelton@btconnect.com and have a form sent over to you.

FIREWORK DISPLAY & BONFIRE

**Saturday 2nd November
2019**

Barrow Playing Field

Gates open at 6:15pm,

Fireworks at 7pm

Bonfire and BBQ

Admission:

Adults £4,

Children £1

Barrow-cum-Denham Neighbourhood Plan

The Parish Council is pleased to report that it has received grant funding to develop a Neighbourhood Plan. The eventual Plan will be a document with a legal basis, which translates the Parish's vision & aims in to planning policies. Neighbourhood Plans were introduced in 2012 to give local communities a greater say in sustainable development. The Barrow-cum-Denham Neighbourhood Plan aims to outline the, type and location of houses within the Parish Boundary to 2041 and follows on from the current Local Plan, Rural Vision 2031. The grant funding will be used for professional fees of planning consultants who will provide technical assistance to the Parish Council's Neighbourhood Plan Steering Group. Development of the Neighbourhood Plan is at an early stage and before eventual adoption by West Suffolk will be subject to formal review by the UK Planning Inspectorate as well as a parish referendum. Further details on what the Plan includes; how it will be developed; the various consultations and how parishioners can get involved will be published on the Parish Council Web-Site and Notice Board.

Cllr. Mark Howard

BookCrossing at Barrow Book Exchange

The BBE was four years old in July and it's going from strength to strength.

During the school holidays the children's book box has teemed with board books, picture books, and Young Adult fiction giving young readers plenty of choice. The main shelves have been crammed with a wide range of fiction and non-fiction books as ever, a few of these donated by the TWO reading groups which flourish in the village.

Reading group donations are now being registered as 'BookCrossing' books, but what is 'BookCrossing'?

Visit www.bookcrossing.com to find out more. Simply put, BookCrossing is the act of releasing your special books "into the wild" for a stranger to find. Please, when you visit the BBE, only release ONE or TWO books into the wild as space is limited. Why not take bags of books to charity shops since we don't have anywhere else to store excess books.

Thanks to everyone who continues to support this community project.

YOUR HELP NEEDED

We would like some more helpers for the Men's Breakfasts which are held on the first Saturday of each month in the Town Estate Room 9:00 -10:30am. We have a chef so all we need your help with is serving and clearing up. The more helpers we have the less often you need to help! If you could help Occasionally

Please contact Colin, 01284 810 839

Barrow & District Local History Society

The Barrow & District Local History Society meets in Barrow Village Hall on the second Tuesday of each month (*unless otherwise stated*) at 7.30pm.

Throughout the year we have extremely interesting speakers on a diverse range of topics, plus an outing and August social.

Annual membership £10, due in September. Visitors are most welcome £3 per meeting. All enquiries to Sylvia Greening 01284 810270.

Programme:

10th Sept. Short AGM. followed by 'The Tudors' – Soham Heritage Group

8th Oct. For the Rest of your Natural life- transported Suffolk convicts – Pip Wright

12th Nov. Victorian Bury St. Edmunds Martyn Taylor

Dec. Members' Christmas Lunch. TBA.

Carpet Bowls

Every Monday in the Village Hall - 2.15 for a 2.30 start until approx.4.30.

Beginners made welcome, why not come and join us for an enjoyable afternoon. For further information telephone Marilyn 01284 811565 or Carole 01284 810582 or just pop in to see us.

BARROW SCARECROW FESTIVAL AND SALE TRAIL **THEME, SONGS AND NURSERY RHYMES**

21ST/22ND SEPTEMBER

10AM-4PM

Food and activities at the school and Open Day at the Green Wellie on the 21st

The Town Estate Room will be open for food and fun on the 22nd

Programmes £2 available from the above venues, and from Matt's

Food and Wine all weekend

Ring Chris, 07977225579

ART AND CRAFT EXHIBITION/SALE **SUNDAY 3RD NOVEMBER**

10AM-4PM

TOWN ESTATE ROOM

Admire local art and crafts, purchase your Christmas gifts and have a chat over tea/coffee and cake.

For information

Ring Chris, 07977225579

BARROW AND DISTRICT WI

Your friendly and welcoming WI meets the first Tuesday of every month at 7.30 in the Village Hall.

Great speakers, craft sessions, monthly lunches, days out, good company and fantastic cake!

Ring Chris, 07977225579

COMMUNITY COFFEE **MORNINGS** **FUTURE DATES**

Thursday 19th September

Thursday 17th October

Thursday 28th November

Enjoy a coffee/tea and biscuit, £1.50, (home-made cake 50p)

Meet friends, bring friends, make new friends!!!

For more information, Ring Chris, 07977225579

BARROW & DISTRICT GARDEN CLUB

The Barrow Garden Club meet mostly on the second Friday of the month at Barrow Village Hall at 7.30pm. We have a varied line-up of speakers followed by tea and cake and gardening banter.

Come and join Barrow Garden Club, membership is only £10 a year.

If you require any further information please contact Kirstie Ford, 01284 811897. Happy Growing!