COUNCILLORS FOR BARROW				
NAME	Phone No.	EMAIL		
Cllr John Pearson CHAIRMAN	811259	john.pearson6@btconnect.com		
Cllr Richard Ford	811897	richard@northstarcreation.com		
Cllr Mark Howard	811018	mark.howard275@gmail.com		
Cllr Andi Hudson	811652	ale_hudson@hotmail.com		
Cllr Zigurds Kronbergs	811752	zigurdsg@gmail.com		
Cllr Mick Burton	07930 751010	micburton@hotmail.com		
Cllr Peter Wesley	07540 394493	peter.wesleygfs@gmail.com		
Cllr Mike Wilcock	810424	mikew@kampcl.com		
Cllr Jennifer Pettitt	07805 457530	theoldcowshedbarrow@gmail.com		

COUNCILLORS FOR DENHAM			
Cllr David Cousins	811754	cousins500@icloud.com	
Vice Chairman			
Cllr David Holmes	810653	journeyman.denham@btinternet.com	
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PARISH CLERK				
Mrs Kat Bowe 12A Simpson Way, Barrow, IP29 5EA	811952 07917 509009	barrowcumdenhampc@gmail.com <u>Website</u> www.barrowcumdenhampc.com		

COUNTY COUNCILLOR			
Cllr Karen Soons	07864 601887	karen.soons@suffolk.gov.uk	

BOROUGH COUNCILLOR			
Cllr Ian Houlder	810074	lan.houlder@westsuffolk.gov.uk	

NEWSLINK

Keeping you in touch with Barrow cum
Denham
Spring 2020



Parish Council News

Welcome to the Spring edition of Newslink.

Hopefully we will see the weather turn a corner soon and be more Spring like. Despite it not being the coldest Winter, the wind and rain have been relentless of late. This has caused our drainage issues to be a constant problem. Please be assured that as a Parish Council we continue to press West Suffolk Council and Suffolk Highways to seek resolutions. It will not surprise anyone to learn that funding is the major hurdle when it comes to getting works authorised. Just to be clear these works are way beyond the resources of the Parish Council and our only course of action is to lobby District and County Councils relentlessly to try and secure their limited funds.

The vehicle activated speed sign has been ordered and should be seen in use very soon. The Parish Council would like to thank District councillor Ian Houlder for a substantial grant to help us fund this purchase. At the risk of repeating ourselves we continue to request the deployment of the Suffolk County Council owned speed sign in the 40MPH limit along Colethorpe lane. We do understand that there continues to be a high rate of speeding along this route. The Police have been made aware and requested to visit this location.

You should see some advertising for the first time in this addition of Newslink. To allow this advertising was a difficult decision for the Parish Council. Since the publication is delivered free to all homes in the Parish, we have relied on donations to cover the cost of its production. Whilst we still have some donated funding available, we have decided to improve the quality of presentation via income from these adverts, and we are hoping to promote local business services.

The Neighbourhood Plan continues to progress well. Please look out for the time when residents will be asked to contribute.

An order has been placed to update and improve the bar area in the village Hall. This will be a welcome benefit to a well-used and supported village asset. New base units and work surfaces are proposed for this area.

Finally, we have been made aware of plans to increase the size of our Doctors surgery. I am sure you will join me in welcoming the news that an already fantastic service will be able to offer even more availability to our local community.

John Pearson, Chairman-Barrow cum Denham Parish Council

Barrow Cricket Club

It's that time of year again. The sap is rising, and our thoughts naturally turn to cricket and the expectant promise of a fun-filled summer of thrills and spills courtesy of Barrow Cricket Club. This winter the players of Barrow CC have toiled in the nets like never before and will fly out of the traps on Sunday 3rd May against an unsuspecting Whepstead CC. You could be there. Barrow CC play extremely friendly village cricket throughout the summer months against other local friendly sides and visiting touring teams.

If you have played cricket before and maybe drifted away under the pressure of a busy life or are just starting-out on your cricketing journey, why not get in touch. Barrow CC are always looking for new members or supporters, whether that be to play, to umpire or score or to prepare and serve the all important teas. More information about the antics of the club and its stars are available at www.barrowcc.co.uk

If you are interested to get involved in any capacity please contact either Richard Ford on 02184 811897 or email richard@northstarcreation.com or Ralph Rawlings on 01284 811844 or email rawlings@btinternet.com.

BARROW & DISTRICT GARDEN CLUB

The Barrow Garden Club meet mostly on the second Friday of the month at Barrow Village Hall at 7.30pm. We have a varied line-up of speakers followed by tea and cake and gardening banter.

Come and join Barrow Garden Club, membership is only £10 a year.

If you require any further information please contact Kirstie Ford, 01284

BARROW AND DISTRICT WI

Your friendly and welcoming WI meets the first Tuesday of every month at 7.30 in the Village Hall. Great speakers, craft sessions, monthly lunches, days out, good company and fantastic cake!

Ring Chris, 07977225579

50/50 AUCTION SUNDAY 3RD MAY BARROW VILLAGE HALL

DROP SALE ITEMS AND VIEW IN THE MORNING
AUCTION IN THE AFTERNOON
TIMES TO BE CONFIRMED

MAKE SOME MONEY ON YOUR
UNWANTED ITEMS AND HELP TO RAISE
FUNDS FOR

BARROW GARDENING CLUB

TEA/COFFEE, ROLLS AND CAKES AVAIABLE

CONTACT ROBBIE, 01284 811137

ALL SAINTS' CHURCH, BARROW

Wednesday 11th March, 7:00pm - Town Estate Room

ALL SAINTS' CHURCH ANNUAL PAROCHIAL CHURCH MEETING (APCM) Everyone on the church electoral role is eligible to attend the APCM. . The Parochial Church Council (PCC) is elected and reports of all that is happening in church are given. Wine and nibbles provided. Come and find out what is happening in your church

The usual pattern for services at All Saints' is

1st and 3rd Sunday, 10:45 - Holy Communion.

2nd Sunday 4:00 – Evening Prayer

4th Sunday, 10:45 - All Age All Together

5th Sunday 10:30 - Benefice service – details on Barrow Benefice Web Site. Praise and Play group for parents/carers and preschool children -

Wednesdays during term time from 9:15am- 10:15am in the TER

Ladies' breakfast – 3rd Saturday of the month

Men's breakfast -1^{st} Saturday of the month. Both 9:00 -10:30 in the Town Estate Room. Suggested donation £2:00.

Could you help at All Saints' in any way? You don't have to be a regular attendant at church. Perhaps you could do flowers occasionally, be in the cleaning rota, help with fundraising, or men's and ladies' breakfast.... The list could go on!

VILLAGE CRAFTS

The craft group goes from strength to strength, with a good number of members and some interesting activities. Some of our members have learnt how to knit, crochet, sew or make gift bags and boxes, whilst others have pursued their own projects. If you'd like to join this friendly and productive group, we meet in the Town Estate Room, 10.45am-12.15pm, second and fourth Wednesday of the month. Call Kirstie Ford on 07718922034 if you would like more information.

Newslink

Submissions for the next issue should be emailed to the Parish Clerk by Monday 25th May 2020.

Please limit the number of words to no more than 200.

We are always after new articles.

Neighbourhood Plan

Neighbourhood Plan

Barrow-cum-Denham's Neighbourhood Plan is underway and this short note aims to provide you with a progress update.

The process of developing a Neighbourhood Plan can be thought of in 3 phases: 1 - collecting data; 2- analysing the data and 3 - reporting. We are in phase 1 and this includes a number of activities such as a heritage assessment; a housing needs assessment; a call for sites and a community consultation.

The heritage assessment is now complete and has produced a file of the parish's listed buildings and scheduled ancient monuments which might impact planning matters. We've also taken photographs of what are likely to be considered scenic views around the village. The housing needs assessment has also been completed and we're working with West Suffolk Council to determine if the number and type of houses that our consultants calculated aligns with their emerging Local Plan for West Suffolk. One projection that stood out from the assessment was that by 2041, more than 50% of the parish's population will be over 65. Naturally, we will need to consider such data in our Plan.

I'll reiterate that the drive for more houses is not set by the Parish Council but rather by UK central government and specifically their national house-building targets. Our task here is to determine Barrow-cum-Denham's fair share of the national targets.

The community consultation will be your chance to have your say about how the parish develops over the next twenty years. We're close to finalising a consultation questionnaire (.....it's proving to be a trickier job than we anticipated) which will be made available on-line and in hard copy. It will be open to parishioners age 13 and over - and the questionnaire contains around 50 multiple-choice questions about amenities, the environment, infrastructure and future development. It should only take a few minutes to complete. As well as specific questions there's also space for you to tell us more generally about what you think. There will be further information about how you can have your say once the questionnaire is finalised.

The call for sites is self-explanatory – it's a call to landowners within the parish to nominate sites that are available for development.

Cllr. Mark Howard

Friday Lunches

Friday lunches for pensioners

In the Village Hall each week (Excluding August) - A few spaces are available. We also deliver lunches to homes in Barrow.

If you would like to join us in the Village Hall or have a meal delivered (cost £2.50)

Please phone Jean Evans 01284 810243

The Great British Spring Clean

The Parish Council was recently approached by West Suffolk Council to see if we might like to take part in an event called 'The Great British Spring Clean'. This event is a national campaign with a simple aim: to bring people across the country together to help clear up the litter that blights many towns, villages, countryside and beaches. Individuals, couples, families or groups can take part for whatever length of time suits them – from half an hour to half a day.

West Suffolk have offered to help us by loaning high-visibility jackets, litter tongs etc. and taking away the waste.

Typically, one might think of our streets or roads being the focus of attention but the idea here is that we would also include footpaths, hedgerows and natural areas.

I have volunteered to organise such an event one Saturday morning or afternoon in April or May if there were enough parishioners that were interested in taking part. As a first step, the Parish Council would like to gauge the level of interest so if - in principle - you might be interested in taking part please drop Kat Bowe, Parish Clerk a line. At this stage we're just gauging interest so there's no obligation or commitment.

This is a great way to meet other people in the village, get some fresh air for an hour or so and do a bit of good at the same time. I hope lots of people will join in.

Cllr. Mark Howard

Barrow & District Local History Society

The Barrow & District Local History Society meets in Barrow Village hall on the second Tuesday of each month (*unless otherwise stated*) at 7.30pm.

Throughout the year we have extremely interesting speakers on a diverse range of topics, plus a summer outing and members' social. Annual membership £10. Visitors are most welcome £3 per meeting. All enquiries to Sylvia Greening 01284 810270.

Programme

10th March – Gone for a Soldier – The Story of William Booth – Geoff Hales

14th April Must Farm – Britain's Bronze Age Pompeii – Alex Fisher 12th May A tonic for the Nation- The Festival of Britain 1951 – Geoffrey Kay

9th June Outing TBA

Barrow and Denham Good Neighbours Scheme

Volunteers provide occasional services, such as lifts to the West Suffolk Hospital, the surgery, the post office, the hairdresser, etc, and minor DIY jobs/repairs, or help to fill in forms, to people in our community. All services are free except when a lift is involved, when we charge 40p per mile (present rate) to cover the driver's costs.

New members are always welcome - please contact us to find out more.

We also hold regular coffee mornings, mostly at The Old Cowshed Tearoom (site of Barrow post office) and occasionally at the Town Estate Room. These are an opportunity for both helpers and users to meet for a chat and enjoy delicious home baked cakes. Our volunteers will give you a lift free of charge on these occasions.

Dates for the next coffee mornings, 10am at 'The Old Cowshed':

Wednesday 4th March

Thursday 2nd April

If you would like our assistance, ring the helpline number and leave a message. The phone holder will get back to you to take details and arrange the assistance. Please allow at least 3 days' notice.

Keep this number handy:

Good Neighbours HELPLINE 07930 328 930

Carpet Bowls

Every Monday in the Village Hall 2.15 for a 2.30 start until approx.4.30.

Beginners made welcome, why not come and join us for an enjoyable afternoon.

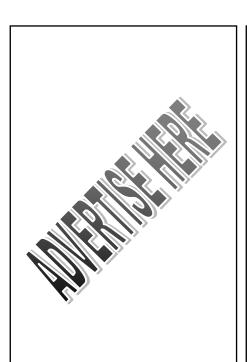
For further information telephone Marilyn 01284 811565 or Carole 01284 810582 or just pop in to see us.

BARROW FRIENDLY FOLK GROUP.

We are a group of local musicians who play folk, traditional and popular tunes and songs. We meet every 1st Sunday of the month in Committee Room of Barrow Village Hall at 7.00pm. Our next charity concert is on Sunday June 7th at 7.00pm in the Village Hall.

We'll welcome any new players of any ability.

For more information please ring Sylvia 01284 810577.



PLEASE CONTACT THE CLERK TO PURCHASE YOUR SPACE!

barrowcumdenhampc@gmail.com

Or 07917 509009

Barrow Book Exchange

The Barrow Book Exchange will be five years old in July 2020. Since it first started, booklovers have donated many hundreds of books and readers of all ages have enjoyed picking and choosing from the titles on offer. In all weathers a team of invisible Friends of the BBE keep the shelves in good order. As a community project, it seems to work well thanks to the support of many local people.

But as with all telephone kiosks, it's difficult to say exactly how many people come and go during the course of any one day or week. This isn't a library, so it's also difficult to tell which books have just arrived, or which have been taken. Or what the books mean to the readers.

I'm asking members of the BBE community to please share their stories about giving books, or taking books. These can be posted on: https://www.facebook.com/barrowbookexchange/ OR please write them on a postcard and drop them into the box at the BBE.. These postcard stories will be exhibited at the BBE in July.

You might include some of the following points:

How often you visit the BBE/How regularly you give books and are these generally children's books, fiction or non-fiction etc?/Any book titles you have read and enjoyed: a mini review would be welcome. Include photos. of book covers etc. Children's art work (eg. Sketches of favourite characters etc etc), favourite quotations (include book title and author's name). Your name and age (if under 16.)

I look forward to reading your stories.

Ann Kronbergs

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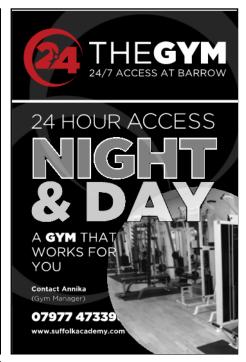
Trail and Road

Supportive, fun and friendly Medals for all Volunteer opportunities

Runners come from all over the world to take part and some have done hundreds of marathons but equally important and welcome are the local folk running their very first event.

Come along – enter online or on the day

www.suffolkrunningcentre.co.uk





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