

COUNCILLORS FOR BARROW		
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COUNCILLORS FOR DENHAM		
Cllr David Cousins	811754	cousins500@icloud.com
Cllr David Holmes	810653	journeyman.denham@btinternet.com

PARISH CLERK		
Mrs Kat Bowe 12A Simpson Way, Barrow, IP29 5EA	811952 07917 509009	barrowcumdenhampc@gmail.com <u>Website</u> www.barrowcumdenhampc.com

COUNTY COUNCILLOR		
Cllr Karen Soons	07864 601887	karen.soons@suffolk.gov.uk

BOROUGH COUNCILLOR		
Cllr Ian Houlder	810074	ian.houlder@stedsbc.gov.uk

POLICE INFORMATION		
Suffolk Police	01473 613500	

NEWSLINK

Keeping you in touch with Barrow cum
Denham
Spring 2019



PARISH COUNCIL NEWS

Welcome to the Spring issue of 'Newslink', the Barrow cum Denham parish newsletter that is delivered free to every house in the Parish. As we move away from the winter gloom and into the lighter evenings, we will also be moving into a period of electioneering. This year you will be given the opportunity to vote to elect our ward councillor for the newly established **West Suffolk Council**, which replaces the existing St Edmundsbury and Forest Heath authorities. I am sure you will receive plenty of election material in the weeks ahead. The election will take place on **Thursday 2nd May**, and on the same date you will have the opportunity to elect a new Parish Council.

There are 9 (nine) councillors for Barrow and 2 (two) councillors for Denham, and if you are interested in standing for election you are required to complete a nomination form. Our Parish Clerk, Kat Bowe, may have a small supply of these, but they are also available from the Returning Officer at West Suffolk.

If you want to know more about becoming a councillor, either for the Parish, or the District Council, information is available at www.westsuffolk.gov.uk. Click on 'elections and voting' and there is a tab for 'how to become a councillor'. I would also be happy to advise individuals on the work, and powers, of the Parish Council, and I can be contacted on 01284 810994, or by e mail graham.judge1949@gmail.com. If you do decide to stand for election, nomination papers have to be lodged with West Suffolk by 4pm on Wednesday April 3rd.

Prior to the election, we will be holding the Annual Parish meeting which will take place on **Thursday April 11th at 7.00pm in the Village Hall** when the Parish Council will give their annual report. Following the annual report there will be a **question and answer** session and we will be inviting a representative from the Police, plus the current Borough and County Councillors, so please try and make time in your busy lives to come along, ask questions, and challenge elected representatives about issues that affect you, and your family.

Finally, can I remind you all that the Parish Council welcomes members of the public to our meetings and individuals and groups do have an opportunity to raise matters of community interest before we begin the formal business of the meeting. If you do wish to raise an issue it is helpful if you can contact the Parish Clerk (01284 811952) in advance, so that we can ensure we give sufficient time for any discussion.

Graham Judge

Chairman

Barrow cum Denham Parish Council

Barrow Book Exchange: Newslink March 2019

Donations of children's books have made a big difference to the choice on offer to our youngest readers in the community. Also there has been a steady increase in paperbacks for young adults by Jacqueline Wilson, Philip Pullman, David Walliams and many others. Parents would like to encourage more exchanging and returning of books by the 6-14 year old readers: there's now a special shelf for their books above the children's section.

February saw the launch of the BBE's own Reading Group when a few readers met to discuss *Kennedy Moment* by Peter Adamson, a political thriller. The group aims to gather every eight weeks or so and will donate a copy of each book they read to the BBE. *The Librarian* by Salley Vickers will be the next in line, with the autobiography *A Tale of Love and Darkness* by Amos Oz, to follow it in May/June. Thanks to all Friends of the BBE who help to keep the shelves in order, and the children's section a treasure trove for our tiniest readers to rummage in!

WHAT'S HAPPENING AT ALL SAINTS' CHURCH?

We are very lucky that our lovely old church, which no one would want to lose, is in reasonable repair. However, there is always upkeep to consider. We are thinking of setting up a small group of people who have relevant skills to help identify what needs to be done to maintain the good repair of the church. Are you able to help? Please speak to Liz.

MONDAY, 18TH MARCH 2019 AT 7.00PM. Make a note of this in your diary!

It is the **Annual Parochial Church Meeting**. Everyone in the village is invited to this. It is when we report on the various things which have happened over the last year and appoint the church officers for the coming year. The meeting takes place in the Town Estate Room. Please do come. Wine, cheese and nibbles provided.

If while we have a vacancy for a rector, you would like to arrange a baptism or Home Communion or for anything to do with All Saints' please contact Liz. Liz.allsaintschurchwarden@outlook.com Telephone 811220.

Clothing Bank

The Parish Council made the decision to change the clothing bank provider to the Salvation Army. Please support this great cause.

Newslink

Submissions for the next issue should be emailed to the Parish Clerk by **Monday 27th May 2019**.

The Oak Tree by David Holmes

Down Brockley Lane, Denham, on the right as you come from Barrow, there is a pond and by this pond there is an old oak tree. When we moved to Denham End 40 years ago this oak was dead, or so we thought, it had been struck by lightning some time during the last century and was a burnt-out skeleton except for one tiny branch down by the water. Every spring this little branch produced a few leaves, gradually more small branches appeared, again low down near the base. The tree was slowly coming back to life, new bark started growing from the base, more branches appeared ever higher up the trunk, until finally today they have overtaken the original tree height. The old rotten branches, helped by the woodpeckers, will eventually drop off, leaving a completely rejuvenated oak ready for centuries more.

A few years ago to improve the drainage in Denham End, Suffolk County Council ran new surface water drains into the old pond. Until this time the pond had always dried out each summer, now with a much improved water supply it is very healthy and supports a wide range of wildlife. This extra water must also be helping the tree, a mature oak can take up between 50 and 300 gallons a day so this must be helping it to recover even faster.

Barrow & District Local History Society

The Barrow & District Local history society meets in Barrow Village hall on the second Tuesday of each month (*unless otherwise stated*) at 7. 30 pm.

Throughout the year we have extremely interesting speakers on a diverse range of topics, plus an outing in June, August social and Christmas lunch.

We also have books of both historical and local interest, which members can borrow at each meeting.

Visitors are most welcome £3 per meeting. Annual subscription £10.

All enquiries to Sylvia Greening 01284 810270

Programme

- 9th April The Suffolk Medieval Cloth Industry – Dr. Nick Amor
14th May Vanishing Cambridgeshire 1900-1940 – Mike Petty
June Outing (*date and place to be arranged*) Details from Brenda 01284 811404
9th July Dick Turpin – The Myth and the Man – Stephen Poulter

VILLAGE CRAFTS

The craft group goes from strength to strength, with a good number of members and some interesting activities. Some of our members have learnt how to knit, crochet, sew or make gift bags and boxes, whilst others have perused their own projects. If you'd like to join this friendly and productive group, we meet in the Town Estate Room, 10.45am-12.15pm, second and fourth Wednesday of the month. Call Kirstie Ford on 07718922034 if you would like more information.

Horse Racing

Evening

Saturday 6th April 2019

Barrow Village Hall at 6.30pm

8 Video Horse Races

Tote

Licensed Bar

Buffet Meal

All for the incredible price of just

£10.00 per head!

"There's gold in those hills!"

All proceeds to support Barrow

Cricket Club

This is a ticket only event and tickets are limited so please

contact either Richard Ford on 01284 811897 or

richard@northstarcreation.com or Ralph

Rawlings on 01284 811844 or email ralph.rawlings@btinternet.com.

RISBY SINGERS SPRING CONCERT

SATURDAY 13TH APRIL, 7PM
BARROW VILLAGE CHURCH
A PROGRAMME OF VARIED
MUSIC, READINGS AND A
PIANO DUET

ADMISSION BY BUCKET
DONATION
IN AID OF THE BURY ST
EDMUNDS
SAMARITANS

Information from Rachel, 01284 489085

BARROW BEER FESTIVAL

Saturday 30th
March 2019

Barrow
Village Hall
1pm onwards

Beer - Cider - Wine - BBQ - Music

SCARECROW FESTIVAL!!!

Back by popular demand!! This will take place on the weekend of September 21st/22nd to coincide with the Harvest Festival service. The theme this year will be 'songs and nursery rhymes', so lots of scope and something to plan for. Further details will be sent by separate flyer.

HELP!

Your Village Hall needs you!! The Hall upkeep and fundraising activities are run by very few people, the same people that have run it for many years. If you feel you could offer help in any way with the running of such an important facility for your village, please contact Christopher James, 07710502409 or email chris.james72@btinternet.com

BARROW & DISTRICT GARDEN CLUB

The Barrow Garden Club meet mostly on the second Friday of the month at Barrow Village Hall at 7.30pm. We have a varied line-up of speakers followed by tea and cake and gardening banter.

Come and join Barrow Garden Club, membership is only £10 a year.

If you require any further information please contact Kirstie Ford, 01284 811897. Happy Growing!

BARROW AND DISTRICT WI

Your local WI meets in the Village Hall on the first Tuesday of the month, at 7.30pm. We enjoy interesting speakers, sometimes a craft session or meal, along with coffee/tea and home-made refreshments. We as have a monthly lunch at the Three Horseshoes, and organise a few trips out throughout the year. At our April meeting we will be trying our hands at needle felting. If you would like more information please contact Chris James on 07977225579

THE TOWN ESTATE ROOM

Available for hire. This lovely space can accommodate 30 people seated round tables or 50 unseated. Fully equipped kitchen, large garden and Wi-Fi. £10 per hour. For more information call Chris on 07977225579 or email chrisjames53@hotmail.co.uk

Barrow Cricket Club

One of the objectives of the cricket club is to encourage young people to participate in this great game and to add youth development to their already successful brand of friendly local cricket.

This summer will see the ECB's All Stars cricket entry programme being delivered to girls and boys aged 5yrs to 9yrs. The course runs for 8 weeks on Friday evenings from June 28th, and will be held in the stunning surroundings of our home ground in Ickworth Park in Horringer. Parents are fully encouraged to get involved as well.

Every child that registers will receive a backpack full of goodies including a cricket bat, ball, activity book, personalised shirt and cap all sent straight to your door. By registering for All Stars Cricket, your child will be guaranteed eight weeks of jam-packed fun, activity and skills development. The programme is suitable for all children new to cricket and sport as the sessions are designed to teach the basic skills of the game.

Every child will earn stars as the weeks progress that match the skills learned during the program:
Batting – hitting a moving ball, Throwing – underarm and overarm, Catching – small and large balls, Bowling – overarm, Running – lots of movement, Teamwork – fun games with friends, Communication – the basics of cricket, Spirit of Cricket – how to respect others. For more information and to register please visit our web-site @ www.barrowcc.co.uk, or <https://allstarscricket.co.uk/11001>.

CAFÉ CHURCH

I had a very enjoyable morning with two of the grandchildren today (24th February) at Café Church, a relaxed and informal church service for all ages in the Town Estate Room. We had coffee and biscuits when we arrived and time for a chat before Kim and Emma led the service on the theme of Jesus calming the storm. The story was told with audience participation and we all made a paper boat, which the children achieved quicker than the adults! We finished with a song and prayer. It was lovely to meet up with others, and reflect on how life is going, regardless of individual beliefs. This service is usually held in the church on the fourth Sunday of the month at 10.45am and follows a similar format to that of today. **Chris James**

Barrow and Denham Good Neighbours Scheme

“If I cannot do great things, I can do small things that are great” - Rev. Dr. Martin Luther King, Jr.

Would you like to achieve “**small great things**” by playing a bigger role in your home community? Please contact us if you would like to find out how.

We provide occasional services, such as lifts to the West Suffolk Hospital, the surgery, the post office, hairdresser, etc. and minor DIY jobs/repairs, or help to fill in forms, to people in our community. All services are free except when a lift is involved, when we charge 40p per mile (present rate) to cover the driver's costs.

We also hold regular coffee mornings, mostly at The Old Cowshed Tearoom (site of Barrow post office) and occasionally at the Town Estate Room. These are an opportunity for both helpers and users to meet for a chat and enjoy delicious home baked cakes. Our volunteers will give you a lift free of charge on these occasions.

Dates for the next coffee mornings, 10am in The Old Cowshed are:

Wednesday 13th March

Wednesday 10th April

Wednesday 8th May

Wednesday 5th June

And Monday 15th July in the Town Estate Room.

If you would like our assistance, ring the helpline number and leave a message. The phone holder will get back to you to take details and arrange the assistance. Please allow at least 3 days' notice.

Keep this number handy:

Good Neighbours HELPLINE 07930 328 930