COUNCILLORS FOR BARROW		
NAME	Phone No.	EMAIL
Cllr Richard Ford	811897	richard@northstarcreation.com
Cllr Andi Hudson	811652	ale_hudson@hotmail.com
Cllr Graham Judge CHAIRMAN	810994	graham.judge1949@gmail.com
Cllr Zigurds Kronbergs	811752	zigurdsg@gmail.com
Cllr John Pearson VICE CHAIRMAN	811259	pearsons.barrow@btinternet.com
Cllr Martin Sanders	811137	robandmartin@live.com
Cllr Peter Wesley	07540 394493	peter.wesleygfs@gmail.com
Cllr Mike Wilcock	810424	mikew@kampcl.com
Cllr Jennifer Pettitt	07805 457530	jentommad@gmail.com

COUNCILLORS FOR DENHAM		
Cllr David Cousins	811754	cousins500@icloud.com
Cllr David Holmes	810653	journeyman.denham@btinternet.com

PARISH CLERK		
Mrs Kat Bowe 12A Simpson Way, Barrow, IP29 5EA	811952 07917 509009	barrowcumdenhampc@gmail.com <u>Website</u> www.barrowcumdenhampc.com

COUNTY COUNCILLOR		
Cllr Karen Soons	07864 601887	karen.soons@suffolk.gov.uk

BOROUGH COUNCILLOR		
Cllr Ian Houlder	810074	lan.houlder@stedsbc.gov.uk

POLICE INFORMATION		
Suffolk Police	01473 613500	

NEWSLINK

Keeping you in touch with Barrow cum Denham

Winter 2018



The Parish Council are grateful for the support of Pigeon Investment Management Ltd for sponsoring this publication.

PARISH COUNCIL NEWS

Firstly, the Parish Council would like to wish all residents of Barrow and Denham a very Happy Christmas and a prosperous 2019.

Recent events in the village included the annual service of remembrance at the newly re-furbished war memorial. A large crowd attended this very special centenary service which included an excellent musical contribution from the children of Barrow Primary School. Well done to them.

As always at their December meeting, the council has to agree a budget, and set their 'precept' for the next financial year. I am delighted to say, that despite agreeing to spend a significant amount on important infrastructure projects, we are maintaining our expenditure at current levels, and will not be increasing the precept.

Over the past few months, the council have held discussions with a local landowner about acquiring a parcel of land on which to develop new recreational facilities, including a multi purpose village hall/pavilion. The objective of the Parish Council is to provide a range of first class sports and community facilities for our growing village. However, we recognise that, in order to deliver on such an ambition, and create some of the funding required, there will need to be some additional housing development.

For this reason, and before anything is agreed, or decided, the next step will be a public exhibition in early 2019, so that all residents in the parish have an opportunity to consider the proposal, and provide feedback to the council. Details of the exhibition, dates etc, will be included in the next issue of 'Newslink', and will also be posted on our notice boards and website.

One issue that never seems to go away, is the problem of excess surface water along 'The Street', particularly in the area adjacent to the 'Three Horseshoes' public house. Hopefully, a solution is now in sight. Following many meetings with their representatives, Suffolk County Council have agreed to carry out remedial works, including new pipework, that they believe will solve some of the problems. We anticipate that work will begin in the first quarter of 2019, but this cannot be guaranteed.

The council has received a number of complaints about the inadequate street lighting along Bury Road. An issue exacerbated, by a very narrow pavement, and overhanging hedges. We have asked our County Councillor, Karen Soons, if she can investigate the possibility of the County providing one extra street light along this stretch of road.

At their November meeting the council co-opted Jennifer Pettit to their ranks to fill a vacancy created by the resignation of Councillor Ratcliffe. Jennifer is the owner of 'The Old Cowshed' country tea room, and we are delighted that she has agreed to join us.

Finally, as always, can I remind you that the Parish Council meets on the first Monday of each month (except January and August) at 7.15pm in the Village Hall, and we welcome members of the public to our meetings.

Graham Judge—Chairman, Barrow cum Denham Parish Council

NEWSLINK - December 2018

New Lease of Life

for

Barrow Book Exchange

Throughout September a team of 6 volunteers repainted and reglazed the K6 telephone kiosk on Britton's Road Car Park. Together they worked a total of 75 hours, sharing at the end a sense of satisfaction at a job well done; a blog with pictures and slideshows showing the development of this project can be viewed at www.Facebook/barrowbookexchange.

The £450 funding for this project came from the Hopkins Charitable Fund, which supports projects in areas of Hopkins Homes developments to enhance the community. James Hopkins, Executive Chairman at Hopkins Homes, said "We are delighted to support the highly popular Barrow Book Exchange. Hopkins Homes is based on a commitment to excellent design and quality that reflects and enhances the tradition and character of each individual local community. We hope that the restoration will enable Barrow Book Exchange to be enjoyed by the local community for many years to come."

Indeed, whilst the renovation work was under way, several local people spoke to volunteers expressing their appreciation both for the Book Exchange project and the enhancement of the K6 which has a special place in the memories of the older generation. Parents have told us how their children's love of reading has started here with the freedom to select and keep attractive books; several adults have said that they started off donating books and this kick-started a lost habit of reading.

Special thanks and Season's Greetings to all Friends of Barrow Book Exchange whose time and generosity has boosted the success of this community project in 2018.

Village Craft

An informal gathering of "crafters".

Meets every second and fourth Wednesday morning **10:45am to 12:15pm.** In the newly refurbished **Town Estate rooms**. Bring your knitting, crochet, embroidery, painting or other portable handcraft projects and enjoy the company of other creative amateurs, share your knowledge, your joy and enthusiasm, with likeminded souls.

Cost £3 per person to cover room hire and refreshments.
For further information contact Kirstie Ford: 01284 811897.

'Singing practice' by David Holmes

I was in the garden a few weeks ago when I became aware that a blackbird was sitting in a tree less than 6 feet from me, we both kept perfectly still, I watched him and he watched me. Then he started to sing very, very softly. Blackbirds do not usually sing in winter, they save singing for the spring and early summer when they are trying to attract a mate. I listened to him for 2 or 3 minutes as he ran through his repertoire. Either he was singing for me to show how clever he was or he was reminding himself of his songs for the spring. He finished and then with a tic-tic he was gone, so when you are out and about just listen and you might hear a blackbird practising for the spring.

Blackbirds love apples, so if you have an apple tree with more fruit than you need leave a few windfalls, even rotten ones, for the birds. If you are lucky you might get fieldfares and redwings as well as blackbirds feeding. It is also time to reload the bird feeders but before you do, give them a good clean to cut down the risk of disease.

To change the subject, if you have ivy invading your garden and you are clearing it, if you can bear it leave some of it alone. Ivy provides shelter for small birds such as wrens through the winter months, in the autumn the flowers will have been a good late source of nectar and pollen for insects, and the berries continue to feed birds.

Christmas Services

Sunday 23 December at 10.45 am

The All Together-All Age Service moves to the Town Estate Room where Kim Judge and Emma Chittock lead a Cafe Church Christingle Chill-Out. All are welcome to join us to unwind after the rush of Christmas preparations; pausing to remember loved ones and awaiting the birth of Jesus. This relaxed Cafe Church includes making Christingles over a cup of coffee and a slice of cake.

Monday 24 December (Christmas Eve)

3.30 pm Children's Crib Service with Nicola Grieves 6.00 pm Carol Service with Revd Sam Long

Newslink

Submissions for the next issue should be emailed to the Parish Clerk by **Monday 25th February 2019.** The Newslink will be delivered week commencing 11th March. Please remember the maximum word count is **200 words** per article.

Transport to the Bury St Edmunds All-Through Trust

Families in Barrow and its surrounds have a long tradition of sending their children through what is now the Bury St Edmunds All-Through Trust, with excellent results. We are keen to help families who want to continue this tradition deal with the transport changes. When Suffolk County Council's new transport policy takes effect for year 4 and below, in September 2019, the Trust will be ensuring subsidised transport to both Westley and Horringer Court. In addition to subsidising it for all our pupils, there will be a hardship fund to ensure no child is disadvantaged due to transport cost. In years 7&8 for many readers, Westley will be the closest school, so transport will be free. For Horringer Court our subsidy will continue. From either Westley or Horringer Court, you will be able to move onto either County Upper or our brand new STEM Academy. You can contact us with your queries or to request that we ring you by emailing transport@burytrust.org

We look forward to continuing to serve you and are determined that transport issues will not prevent this.

Stephen Boor Chair of the Trust Board

Would you like to be the Recorder for: DENHAM



The Suffolk Local History Council runs a Recorders Scheme throughout Suffolk. We administer a network of volunteers to ensure that the 'present' is adequately recorded at local level for the 'future'.

A Recorder will note significant happenings in their parish and collect their local parish magazines, leaflets, election pamphlets and newspaper cuttings. At the end of each year, they are asked to submit a short report summarising the activities of their parish. The reports are deposited at the Suffolk Record Office and available to future researchers together with the collected items.

If you are interested, please look at the Recorders Pack by visiting www.slhc.org.uk to acquaint yourself with the guidelines of the scheme. You do not need to be a historian; you do not need any qualifications other than an interest in your parish. In return you will receive a copy of the SLHC Newsletter and be invited to the annual conference specifically for Local Recorders. To volunteer to help in this important work, please contact recorders@slhc.org.uk

BARROW & DISTRICT GARDEN CLUB

The Barrow Garden Club meet mostly on the second Friday of the month at Barrow Village Hall at 7.30pm. We have a varied line-up of speakers followed by tea and cake and gardening banter.

Come and join Barrow Garden Club, membership is only £10 a year.

If you require any further information please contact Kirstie Ford, 01284 811897. Happy Growing!

Barrow and District WI

The Barrow and District WI meets on the first Tuesday of every month, 7.30 at the Village Hall. The brief delivery of 'WI

business' is followed by varied and interesting speakers who keep us amused until tea time. Home made refreshments and a chat complete the evening.

Visitors are welcomed at any of our meetings, with the exception of the January meeting when we will be out for our seasonal meal. If you'd like further information, please ring Angela Christopher on 01284 811127 or June Bunn on 01284 810743.

Carpet Bowls

Every Monday in the Village Hall - 2.15 for a 2.30 start until approx.4.30.

Beginners made welcome, why not come and join us for an enjoyable afternoon. For further information telephone Marilyn 01284 811565 or Carole 01284 810582 or just pop in to see us.

Barrow Cricket Club

It may be Christmas, but I know that for many of us our thoughts and attentions never drift very far from the delightful summertime subject of cricket. If this is you, take heart in the fact that we are now only a few short months from a new season.

In case you are not aware, Barrow proudly boasts a splendid village cricket team, playing a number of strictly friendly games throughout the summer against a motley collection of other local and touring sides. Our home games are played in beautiful surroundings in the National Trust Ickworth Park.

On Monday evenings in these dark winter months we develop our skills at the indoor nets to fly out of the traps in the form of elite athletes in April. Or something like that.

We are always keen to welcome new players to the club who have maybe played in former years and fancy a gentle return to the game or maybe younger players who like the idea of playing without the weekly commitment of a league side.

If this sounds like fun to you please contact either Richard Ford on 01284 811897 or email richard@northstarcreation.com or Ralph Rawlings on 01284 811844 or

email ralph.rawlings@btinternet.com.

We would love to hear from you.

Barrow & District Local History Society

The Barrow & District Local History Society meets in Barrow Village Hall on the second Tuesday of each month (*unless otherwise stated*) at 7. 30pm.

Visitors welcome £3 per meeting. Annual subscription £10.

Throughout the year we have extremely interesting speakers on a diverse range of topics, plus an outing, August social and Christmas lunch. We also have books of both historical and local interest for members to borrow at each meeting.

Programme 2019

8th Jan. Not Just Gardens of Remembrance, Memorials in Suffolk – Caroline Holmes

12th Feb. Beneath the City Streets-London's unseen History – Peter Lawrence

12th Mar. Purgatory and Church Buildings – Tony Redman

9th April The Suffolk Medieval Cloth Industry – Dr. Nick Amo

Barrow and Denham Good Neighbours Scheme

"If I cannot do great things, I ${\bf can}$ do small things that are great" - Rev. Dr. Martin Luther King, Jr.

Would you like to achieve "small great things" by playing a bigger role in your home community?

The Good Neighbours Scheme relies entirely on **volunteers**. The more volunteers who join the scheme, the easier it becomes for everyone, and **we could do with a few more**. If you think you could spare an hour or two once or twice a month (usually during a weekday) or if you would be willing to be an occasional phone holder **PLEASE VOLUNTEER** your services by contacting us via the helpline number below.

We provide occasional services, such as lifts to the West Suffolk Hospital, the surgery, the post office, hairdresser, etc. and minor DIY jobs/repairs, or help to fill in forms, to people in need in our community. All these services are free except when a lift is involved, when we charge 40p per mile (present rate) to cover the driver's costs.

We also hold regular coffee mornings, mostly at The Old Cowshed Tearoom (site of Barrow post office) and occasionally at the Town Estate Room. These are an opportunity for both helpers and users to meet for a chat and enjoy delicious home baked cakes. Our volunteers help by giving you a lift on these occasions. If you would like our assistance, ring the helpline number and leave a message. The phone holder will get back to you to take details and arrange the assistance. Please allow at least 3 days' notice. Keep this number handy:

Good Neighbours HELPLINE 07930 328 930